

# Labeling for Retail Food Facilities

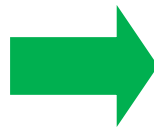
This document is intended only as a summary of the requirements of the Fair Packaging and Labeling Act, 6 CCR 1010-2– Colorado Retail Food Establishment Rules and Regulations, 21 CFR 101– Food labeling, and 9 CFR 317-Labeling, marking devices, and containers. Please refer to each act or regulation for additional guidance.

## Required Label Information

1. **Common name** of the food or descriptive identity statement if no common name
2. If made from two or more ingredients, **a list of ingredients and sub-ingredients** in descending order determined by the weight of the ingredient.
3. An accurate **net quantity** of contents
4. The **name and complete address** of the packer, manufacturer, or distributor
5. The name of the food source for each **Major Food Allergen** contained in the food

## Label Example

Flour Tortilla  
Ingredients: Flour, water, sea salt, lard.  
Contains: Wheat  
  
Net Wt. = 5 oz.  
  
Holland's Market  
123 Havana St, Aurora, CO 80010



Name ✓  
Ingredients ✓  
Allergens ✓  
Quantity ✓  
Address ✓



ADAMS COUNTY  
HEALTH DEPARTMENT

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## More Information

### Ingredients + Sub-ingredients

- Must be listed by their common or usual name.
- Spices (except salt, garlic, celery, and onion) can be generally described as spices
- EXAMPLE: Corn tortillas ingredients: Water, ground corn masa flour, sea salt, lime

### Net Weight

- Must be listed in either ounces, pounds, fluid ounces, pints, and/or quarts
- Net Weight (Net Wt.) for foods sold by weight
- Fl. Oz. for fluid measure
- Must be on the outside of label to be seen by consumer.

### Address of packer, manufacturer, or distributor

- Include street address, city, state, and zip code.
- Post office boxes cannot be substituted for physical addresses.

### Major Food Allergens

- Egg
- Soy
- Wheat
- Dairy
- Peanuts
- Tree Nuts
- Fish
- Shellfish

### Font and Text

- All required information should be in basic English
- Font should be at least 1/16 inch, to be readable.
- Name or identity of product must be honest and not misleading

### Nutrition Label

- May be required if nutritional claims are made on the label, or if 100,000+ units are sold and have 100+ full-time employees

### In Addition

- Bulk food available for consumer self-dispensing needs to be labeled with the following Information to be in view of consumer:
  1. Manufacturer's or processor's label that was provided with food; or
  2. A card, sign, or other method of notification that includes information shown above.
- Bulk unpackaged food such as bakery products and unpackaged foods that are portioned to consumer specifications need not be labeled if:
  1. A health, nutrient content, or other claim is not made;
  2. There are not state or local laws requiring labeling; and
  3. The food is manufactured or prepared on premises of food establishment or at another food establishment or a food processing plant that is owned by the same person and is regulated by a food regulatory agency that has jurisdiction.

