Danger signs:
- Severe lower abdominal pain
- Severe headaches
- Blurred vision
- Severe leg or arm pain
- Severe chest pain or shortness of breath

These symptoms may be related to a stroke, heart attack or a blood clot in a vein and should be evaluated.

Call our clinic immediately or go to the emergency room if you have any of these symptoms.

Important Information

The hormones in the pill prevent your ovaries from releasing an egg so you don’t get pregnant.

If you want to get pregnant, start a prenatal vitamin prior to stopping your pills (it is best to do this 6 months before). There is no medical reason to wait to start trying to get pregnant after stopping the pill.

If you want to change to a different form of birth control, call the clinic before stopping your pills to speak with a nurse.

Sexual Health Appointment Line
303-363-3018
If you have any questions or concerns, please call the clinic

Westminster Office
1401 W 122nd Ave., Westminster, CO 80234
303-255-6222

North Broadway Office
7000 North Broadway #400, Denver, CO 80221
303-439-5980

For after-hour emergencies, go to urgent care, the nearest hospital or call 911.

Adams County services are provided without regard to age, race, gender, sexual orientation, color, religion, national origin, disability, veteran status or any other status protected by state law.

Adams County Health Department
https://adamscountyhealthdepartment.org/
sexual-health
303-363-3018
Things to remember when taking the Pill:

- Take a pill at the same time every day.
- Your periods may be shorter and lighter while taking the pill. Your period may last only 1 to 2 days.
- Your period should begin sometime during the 4th week of pills (the inactive or spacer pills).
- It can be normal to miss a period while on the pill. If you miss your period, continue taking your pills and call the clinic.
- The pill will not protect you from sexually transmitted infections, including HIV.
- It is usually best that you do not stop taking the pill in the middle of the package unless you are advised to do so by your health care provider.
- Do not give your pills to a friend. The prescription is for you and is prescribed to fit your medical history.
- If you vomit within 1 hours of taking your pill or if you have severe diarrhea, you should follow the instructions on the inside for 1 missed pill.

How effective is the pill?
With perfect use, less than 1% of women will get pregnant in first year. With typical use, incorrect or inconsistent use, about 9% of women will get pregnant in first year.