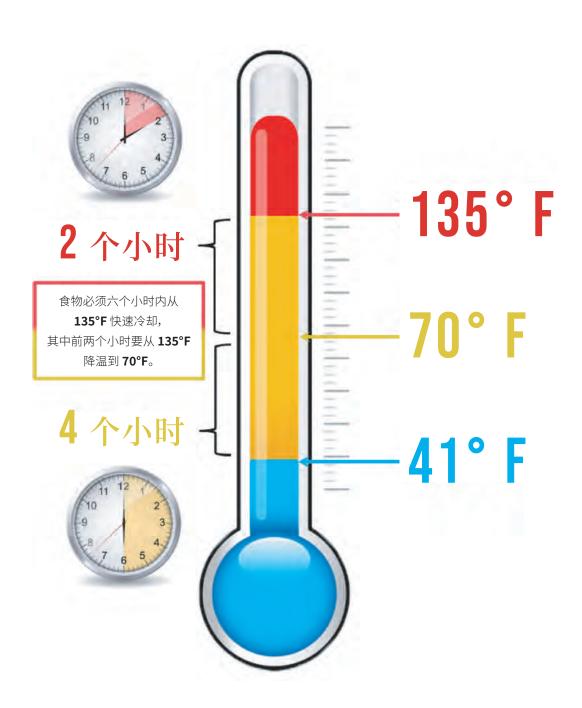
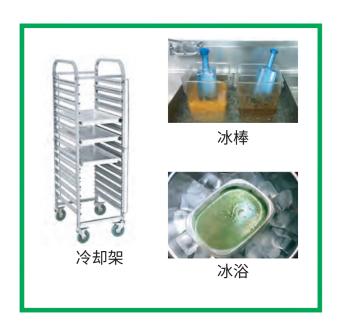
## 冷却



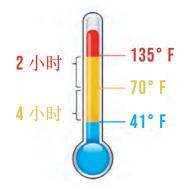


## 冷却方式



## → 允许

- 使用浅容器
- 频繁搅动!



🗙 不允许



