



ADAMS COUNTY
HEALTH DEPARTMENT
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Nursing Division

Nurse-Family Partnership

Nurse Support Program

Vicki Swarr MSN, Nurse Manager

Mary Doran BSN, NSP Associate Nurse Manager

Kristi Reeves BSN, NFP Associate Nurse Manager

Julie Wilbur BSN, NFP Associate Nurse Manager



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Parent and Child Services (PaCS) Nurse Home Visiting Programs

Nurse-Family Partnership and Nurse Support Program teams:

- January 2023 began seeing clients,
- Early adapters to ACHD's EHR for case management and care coordination documentation,
- Contributes to EHR development, agency strategic planning, RIDRS, and Nurse's Week workgroups,
- Provides leadership on the internal and centralized referral management projects,
- Facilitates Journal Club for ACHD Nursing Division and
- Fully Staffed as of 3/1/2024!

That was then...



Accustom Baby gradually to toilet seat by letting him examine it. Stay with him first few times he is placed on it. After that, fasten strap, leave for a while. Low, movable base may be preferred until Baby is older

Smoking and liquor

Opinion is divided as to the effects of smoking during pregnancy. A cigarette now and then would seem to do no harm. If you're a heavy smoker, doctors advise that you cut down to a great extent, but you needn't quit entirely, unless your doctor recommends it. Alcoholic drinks place an added strain on the kidneys at this time and should be indulged in rarely, if at all. It's best to consult your doctor about this matter, too.





Nurse-Family Partnership

Helping First-Time Parents Succeed®



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This is now...

<https://youtu.be/rn8V784A6tE>



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Adams County Nurse-Family Partnership

Current funding for 312 families

- 13 Nurse Home Visitors
- 2 Program Support Staff
- 2 Associate Managers

Population served (2023):

- Median age 21.5 years
- 37.5% had not completed high school or earned a GED
- 63% reported earning less than \$6,000/year
- 91% were enrolled in Medicaid
- 73% of clients identified as Hispanic
- 28% identified Spanish as their primary language
- 43% of clients reported a mental health concern
- 57.6% reported one or more physical health concerns



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In 2023:

- 96% of NFP children received a developmental screening
- 89% of NFP moms/parenting people received mental health screening
- 7% of total births were low-birthweight infants (NFP benchmark 7.8%)
- 91% of NFP moms and parenting people initiated breastfeeding
- 97% of infants up to date with immunizations at 24 months
- 23.5% subsequent pregnancy rate at 24 months (NFP benchmark 25%)
- 3,683 completed visits
- 1,431 referrals to services



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Nurse Support Program

The birth of the program...

- Since 1998, Adams County Human Services Department (ACHSD) has contracted with the Nursing Division to provide case management services to families with young children involved in social services programs.
- Serves families with multiple children up to age 18.
- Serve families in need of parenting education, resources and support to decrease the need for future involvement with ACHSD.



Nurse Support Program

Our Why

Current Funding

- 8 Public Health Nurses
- 1 Program Support Staff
- 1 Associate Manager
- TANF Program
- ECI (Early Childhood Intervention) Program
- CNL (Child Nurse Liaison) Program



Nurse Support Program

Strengthening Families Framework

- Research informed approach
- Focused on increasing family strengths,
- Enhancing child development,
- Reducing the likelihood of child abuse and neglect,
- Used widely in human services and early childhood programs.



Awards and Publications

- **2021 NACCHO Promising Practice Award**
- **2022 Journal of Public Health:** Huling JD, Austin RR, Lu SC, Doran MM, Swarr VJ, Monsen KA. Public Health Nurse Tailored Home Visiting and Parenting Behavior for Families at Risk for Referral to Child Welfare Services, Colorado: 2018-2019. Am J Public Health. 2022 Jun;112(S3):S306-S313. doi: 10.2105/AJPH.2022.306792. PMID: 35679563; PMCID: PMC9184901.
- **2023 Nursing Research:** Brown SM, McConnell L, Zelaya A, Doran M, Swarr V. Tailored Nurse Support Program Promoting Positive Parenting and Family Preservation. Nurs Res. 2023 Jul-Aug 01;72(4):E164-E171. doi: 10.1097/NNR.0000000000000662. Epub 2023 Apr 24. PMID: 37104683; PMCID: PMC10415074.



Nurse Support Program

2023 Highlights

- Received 155 referrals, enrolled 109 families
- Completed 901 home visits
- Leadership presented the Omaha System of Documentation in ACHD Grand Rounds

2024 to date

- Programs 70% of caseload
- Home Visits: 302
- Childbirth Classes launched! First class had 12 participants, with two more 8-week sessions planned
- LENA Start Class Series: Two 8-week classes planned





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Questions?

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