ADAMS COUNTY BOARD OF HEALTH

PROCLAMATION RECOGNIZING WORLD BREASTFEEDING WEEK

AUGUST 1-7, 2025

Proclamation No. 2025-005

WHEREAS, Adams County Health Department (ACHD) is committed to advancing positive breastfeeding outcomes through the dissemination of evidence based breastfeeding information and by fostering a welcoming environment where all families and staff feel safe, respected, and supported; and,

WHEREAS, in 2024, 82% of Adams County families with newborns participating in the Women, Infant, Children (WIC) program initiated breastfeeding after delivery and 33% of those infants continued to be exclusively breastfed at 6 months; and,

WHEREAS, ACHD's Nutrition and Family Health (NFH) Division strives to ensure sustainable and accessible support systems are in place by offering virtual education classes, community- based breastfeeding support groups, continuous peer-to-peer support, and by serving as a drop-off location for parents who donate their milk to the Mother's Milk Bank contributing to the health of infants in need; and,

WHEREAS, breastfeeding remains a focus of public health importance and increasing rates of exclusive breastfeeding at 6 months of age to 42% is included in the Healthy People 2030 goals; and,

WHEREAS, breastfeeding provides maternal benefits including improved postpartum recovery and decreased risk for high blood pressure, diabetes, breast and ovarian cancer; and,

WHEREAS, breastfeeding offers substantial infant and maternal health benefits that significantly impact the long-term health of the community and decreases health care costs; and,

WHEREAS, breastfeeding protects against climate change by decreasing the amount of processing and waste that is produced by alternative feeding methods; and,

WHEREAS, the World Alliance for Breastfeeding Action declared August 1-7 as World Breastfeeding Week to raise awareness and encourage advocacy for breastfeeding causes. The 2025 theme, "Prioritize Breastfeeding: Create sustainable support systems," focuses on supporting breastfeeding to create a sustainable environment and decrease the impact of climate change that artificial feeding methods produce; and,

NOW, THEREFORE, BE IT PROCLAIMED that the Adams County Board of Health recognizes August 1-7, 2025 as World Breastfeeding Week and the efforts to promote breastfeeding, recognizing its significant contributions to both public health and environmental sustainability.

Upon motion duly made and seconded the foregoing proclamation was adopted by the following vote:

Yea
Yea
Absent
Yea
Yea

ADOPTED, this 17th day of July 2025.

Dr. Dierdre Gilliam, President

Adams County Board of Health

Signature: _: Dillan

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