



MAJOR FOOD ALLERGENS

Regulation 6 CCR 1010-2: Retail Food Establishments

DO YOU KNOW THE NINE MAJOR FOOD ALLERGENS?



MILK



EGGS



FISH



CRUSTACEAN



TREE NUTS



WHEAT



PEANUTS



SOY



SESAME

WRITTEN NOTIFICATION OF ALLERGENS

Here's an example warning statement to include on menus, table tents, or display boards:



"The following major food allergens are used as ingredients:

Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame.

Please notify staff for more information about these ingredients."



**ADAMS COUNTY
HEALTH DEPARTMENT**

Together for a Healthier Adams County

ADDITIONAL RESOURCES

adcohealth.co/retail-food



MAJOR FOOD ALLERGENS

**THE FOLLOWING MAJOR FOOD ALLERGENS ARE USED
AS INGREDIENTS IN THIS RESTAURANT:**

**PLEASE NOTIFY STAFF FOR MORE INFORMATION
ABOUT THESE INGREDIENTS.**



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