

ADAMS COUNTY BOARD OF HEALTH

PROCLAMATION RECOGNIZING WORLD BREASTFEEDING WEEK

PROCLAMATION No. 2026-004

WHEREAS, the World Alliance for Breastfeeding Action declared August 1-7 as World Breastfeeding Week to raise awareness and advocacy for breastfeeding. The 2026 theme, “Breastfeeding for a Sustainable Start in Life: Strengthen What Works,” emphasizes protecting, promoting, and supporting breastfeeding for optimum nutrition, food security, and poverty reduction; and

WHEREAS, Adams County Health Department advances breastfeeding outcomes by sharing evidence-based information and creating a safe, respectful, and supportive environment for families and staff; and,

WHEREAS, ACHD strengthens programs and policies that protect parental rights and expand access to essential support services for healthy families and communities; and

WHEREAS, ACHD increases access to lactation education, empowering individuals to serve their communities and expanding high-quality, culturally responsive lactation support for all families; and,

WHEREAS, in 2025, 82% of Adams County families participating in the Women, Infants, and Children (WIC) program initiated breastfeeding after delivery, with 33% of infants exclusively breastfeeding at 6 months; and,

WHEREAS, ACHD’s Nutrition and Family Health Division promotes and supports breastfeeding to advance optimal nutrition and health through virtual classes, breastfeeding support groups, expert lactation care, and peer support; and,

WHEREAS, ACHD serves as a drop-off location for parents who donate their milk to Mothers’ Milk Bank, supporting infants in need; and,

WHEREAS, breastfeeding benefits mothers by improving postpartum recovery and reducing risks of high blood pressure, diabetes, and breast and ovarian cancers; and,

WHEREAS, breastfeeding offers significant infant and maternal health benefits, improving community health and reducing healthcare costs; and,

WHEREAS, breastfeeding ensures infants have access to safe, nutritious, affordable food from birth, supporting food security; and,

WHEREAS, breastfeeding plays a critical role in poverty reduction by lowering household healthcare costs, reducing financial burden of infant feeding, and supporting economic resilience for families and communities.

NOW, THEREFORE, BE IT PROCLAIMED that the Adams County Board of Health recognizes August 1-7, 2026, as World Breastfeeding Week and the efforts to promote breastfeeding, recognizing its significant impacts on development and lifelong health.

Upon motion duly made and seconded the foregoing proclamation was adopted by the following vote:

Gilliam	_____	Aye
Keiling	_____	Aye
Lindemann	_____	Absent
Mahnke	_____	Aye
Winkler	_____	Aye

ADOPTED, this 16th day of July 2026.

DIERDRE A GILLIAM, DNP, RN, PHN
DIERDRE A GILLIAM, DNP, RN, PHN (Jul 17, 2026 09:41:31 MDT)

Dr. Dierdre Gilliam, President
Adams County Board of Health

2026-004_Proclamation_National_Breastfeeding

Final Audit Report

2026-07-17

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