ADAMS COUNTY BOARD OF HEALTH

PROCLAMATION RECOGNIZING HEALTH LITERACY MONTH

PROCLAMATION No. 2026-007

NOW, THEREFORE, BE IT PROCLAIMED, that the Adams County Board of Health recognizes October, as Health Literacy Month.

WHEREAS, October is recognized as Health Literacy Month, providing an opportunity to raise awareness of the important role health literacy plays in improving the health and well-being of individuals and communities; and

WHEREAS, personal health literacy is the ability of individuals to find, understand, and use information and services to inform health-related decisions and actions, while organizational health literacy recognizes the responsibility of organizations to enable individuals to find, understand, and use that information and those services; and

WHEREAS, improving health literacy supports informed decision-making, meaningful participation in health care, improved access to health information and services, and better health and well-being; and

WHEREAS, barriers related to language, communication, access to information, and the complexity of health and health care systems can make it more difficult for individuals and families to understand their options and access the services and resources they need; and

WHEREAS, Community Health Workers, Health Educators, health care providers, public health professionals, and community-based organizations play important roles in connecting residents with trusted, accessible, and culturally and linguistically appropriate health information, resources, and services; and

WHEREAS, Health Literacy Month provides an opportunity to recognize and strengthen partnerships across Adams County that help residents navigate health and human service systems and make informed decisions about their health; and

WHEREAS, improving health literacy is a shared responsibility that calls upon organizations and systems to communicate clearly, listen to the communities they serve, reduce unnecessary complexity, and provide information and services that are accessible and responsive to the diverse needs of residents; and

WHEREAS, Adams County is committed to working alongside residents and community partners to help ensure that everyone has a meaningful opportunity to find, understand, and use information and services to support their health and well-being.

NOW, THEREFORE, BE IT PROCLAIMED, that the Board of Health of the County of Adams, State of Colorado, hereby proclaims the month of October 2026 as Health Literacy Month and encourages residents, organizations, health care providers, and community partners to work together to make health information and services more accessible, understandable, and actionable for all.

Upon motion duly made and seconded, the foregoing proclamation was adopted by the following vote:

Gilliam	_____	Absent
Keiling	_____	Aye
Lindemann	_____	Aye
Mahnke	_____	Aye
Winkler	_____	Aye

ADOPTED, this 15th day of October 2026.

Jeremiah Lindemann, Vice President
On behalf of Dr. Dierdre Gilliam, DNP, RN, PHN, President
Adams County Board of Health