

ADAMS COUNTY BOARD OF HEALTH

PROCLAMATION RECOGNIZING NATIONAL NUTRITION MONTH[®]

PROCLAMATION No. 2026-001

WHEREAS, in 2024, over 45% of Adams County adults worried about affording nutritious meals during the last 12 months; and,

WHEREAS, chronic conditions, such as high cholesterol, high blood pressure, and diabetes are linked to cardiovascular disease risk; and,

WHEREAS, access to affordable, nutritious foods can improve nutrition quality and help reduce risk of chronic conditions and cardiovascular disease; and,

WHEREAS, Adams County Health Department (ACHD) works to improve community health by promoting access to nutritious, culturally relevant foods and supporting healthy nutrition habits for all ages; and,

WHEREAS, ACHD's Nutrition and Family Health division provides comprehensive nutrition education, diabetes prevention, breastfeeding support, and self-management programming, and community referrals to Adams County families; and,

WHEREAS, ACHD's Food Access and Systems program fosters fair, sustainable local food systems by collaborating on policy, supporting community food access, and uniting Adams County food partners with shared goals; and,

WHEREAS, ACHD, Boulder County Public Health, and Clinica Family Health, collaborate to deliver biweekly boxes of local produce to pregnant Medicaid patients through the prenatal produce prescription program; and

WHEREAS, ACHD employs 15 Registered Dietitian Nutritionists (RDNs) who use their nutrition expertise to help community members access healthy food and achieve their nutrition goals; and

WHEREAS, the Academy of Nutrition and Dietetics celebrates National Nutrition Month[®] in March to acknowledge the importance of individuals having the ability to make informed food choices and develop healthful eating and physical activity habits; and,

WHEREAS, this year's theme, "Discover the Power of Nutrition," emphasizes how food can help individuals and communities in our county thrive. It also highlights the chance to learn about nutrition from RDNs who offer science-backed expertise.

NOW, THEREFORE, BE IT PROCLAIMED that the Adams County Board of Health recognizes National Nutrition Month® and the efforts to enhance nutritional health in Adams County, Colorado.

Upon motion duly made and seconded the foregoing proclamation was adopted by the following vote:

Gilliam	_____	AYE
Keiling	_____	ABSENT
Lindemann	_____	AYE
Mahnke	_____	AYE
Winkler	_____	ABSENT

ADOPTED, this 19th day of March 2026.

Dierdre A Gilliam

Dierdre A. Gilliam (Mar 19, 2026 19:09:28 MDT)

Dr. Dierdre Gilliam, DNP, RN, PHN,
Board of Health President, Adams County Board of Health

2026-001 National Nut. Month March 2026- Proclamation 2026-001 National Nutrition Month - March 2026

Final Audit Report

2026-03-20

Created:	2026-03-20
By:	Diana Altermatt (DAltermatt@adamscountyco.gov)
Status:	Signed
Transaction ID:	CBJCHBCAABAAHNSTf_1rsJiKPmvl9JbBII9bEaLvZ5o

"2026-001 National Nut. Month March 2026-Proclamation 2026-001 National Nutrition Month - March 2026" History

-  Document created by Diana Altermatt (DAltermatt@adamscountyco.gov)
2026-03-20 - 0:16:52 AM GMT
-  Document emailed to Dee Dee Gilliam (dgilliam@regis.edu) for signature
2026-03-20 - 0:16:56 AM GMT
-  Email viewed by Dee Dee Gilliam (dgilliam@regis.edu)
2026-03-20 - 1:08:51 AM GMT
-  Signer Dee Dee Gilliam (dgilliam@regis.edu) entered name at signing as Dierdre A Gilliam
2026-03-20 - 1:09:26 AM GMT
-  Document e-signed by Dierdre A Gilliam (dgilliam@regis.edu)
Signature Date: 2026-03-20 - 1:09:28 AM GMT - Time Source: server
-  Agreement completed.
2026-03-20 - 1:09:28 AM GMT